



Horizon 1967



1867

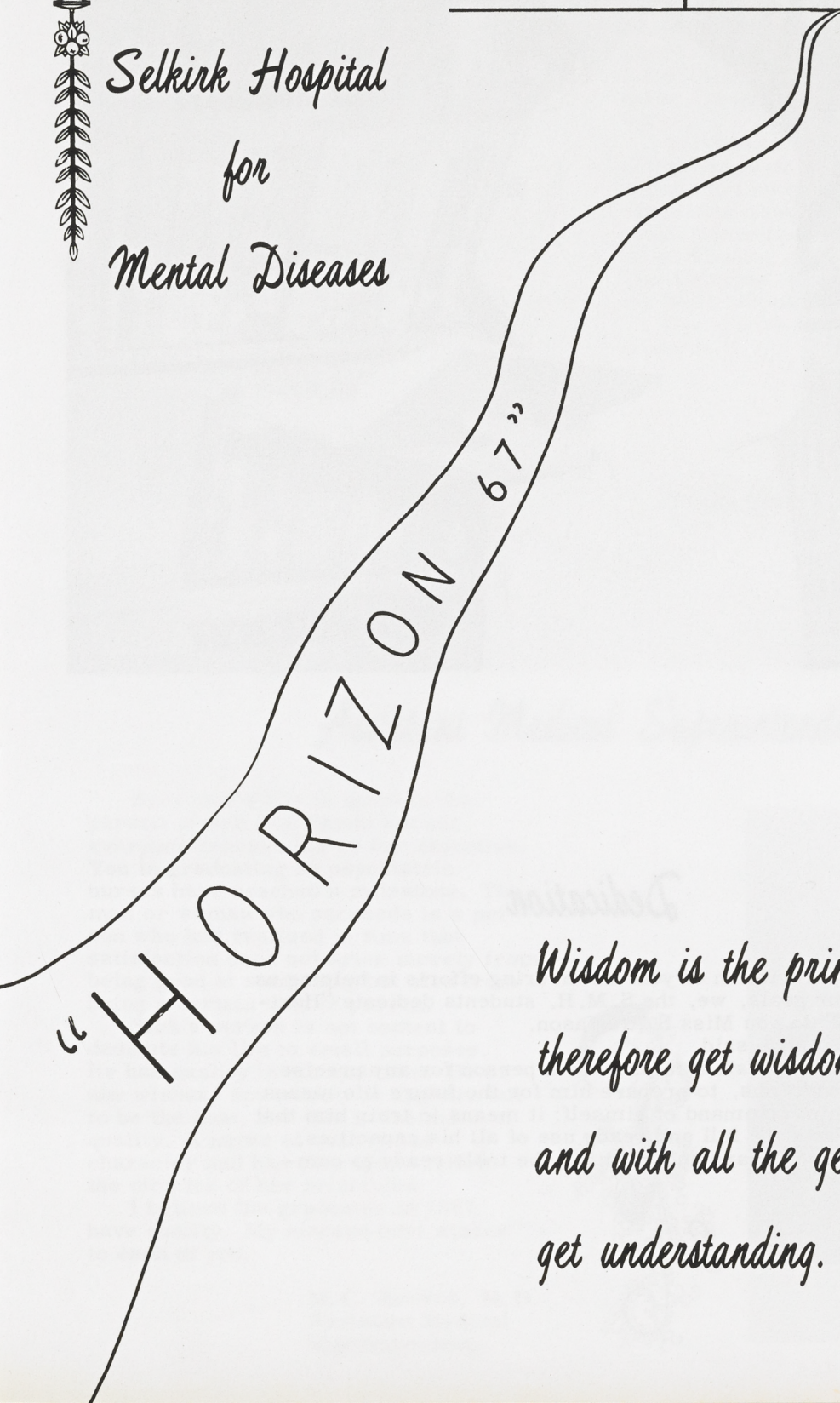
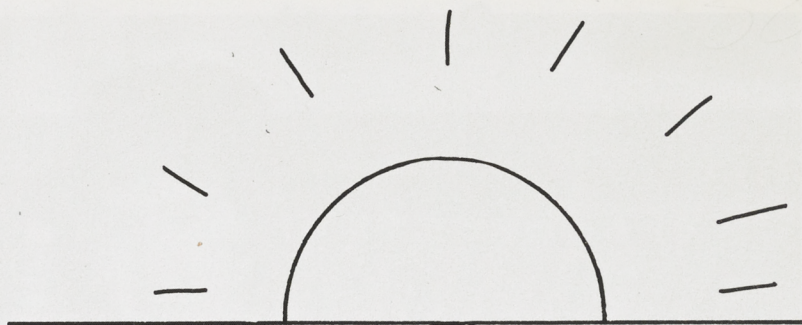




1967

CENTENNIAL EDITION

Presented by
Students
of
Selkirk Hospital
for
Mental Diseases



Wisdom is the principal thing..
therefore get wisdom..
and with all the getting
get understanding.

-Bible-



Dedication

In appreciation of your unwavering efforts in helping us reach our goals, we, the S. M. H. students dedicate "Horizons '67" to you Miss S. Narfason.

It was once said.

"It is impossible to prepare a person for any precise set of conditions, to prepare him for the future life means to give him command of himself; it means to train him that he will have the full and ready use of all his capacities; that his eyes, ears and hand may be tools ready to command."



Medical Superintendent

To the Graduates, I would like to pass on my best wishes and my hope that your dedication will fulfill the promise of your years in training.

The Psychiatric Nurse is a fine and specific treatment programmes for those afflicted with disorders of the brain, and its functions of thinking and feeling. You are trained to recognize the forces acting on the person and to initiate care that alters the effects of those forces. The techniques of such alterations set you aside, in excellence, from the usual nurse.

Remember always that the science of healing must be modified by the art, and the art by compassion. Although you cannot and should not, enter into sympathy, empathy leads always to a useful understanding of the pain of the afflicted. The exercise of compassion, understanding skill, should be your goal.

Carry with you my wishes for all success.

R.H. Tavener, M.D.
Medical Superintendent.



Assistant Medical Superintendent

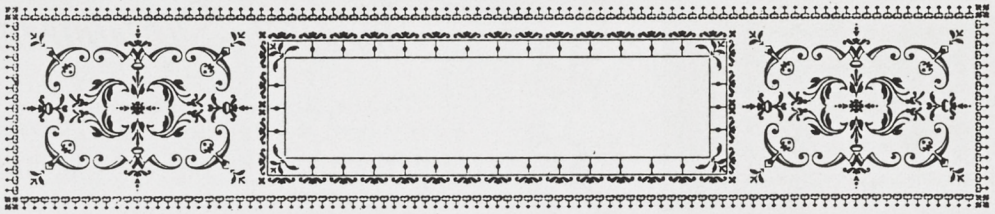
Everyone's life is spent in the pursuit of self fulfillment but not everyone reaches his or her objective. You in graduating as psychiatric nurses have reached a milestone. The man or woman who succeeds is a person who has realized in time that satisfaction does not arise merely from being good at something but also from being a certain kind of person.

Such a person is not content to dedicate his life to small purposes. He has quality in his ambition. He or she wishes, not merely to appear, but to be the best, for this is the mark of quality. A nurse of quality has character and has courage to follow the dictates of her principles.

I believe the graduates of 1967 have quality. My sincere best wishes to each of you.

M. C. Kovacs, M.D.
Assistant Medical Superintendent.





My sincere best wishes to the Graduating Class of 1967.
You are entering the field of nursing which, with your knowledge
and abilities, will gladly welcome you.

The opportunities open to you were never brighter than those of
today in this rapidly expanding field.

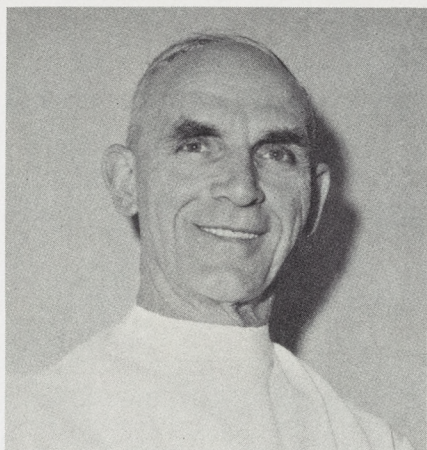
Use your knowledge to improve good nursing skills and patient care.
In this way you will get the satisfaction you have worked for during the
past three years.

"We are here to add what we can to,
Not to get what we can from life."

Sir W. Osler.

Mr. J. R. Burns, R. P. N., R. N.
Director of Nursing.





To be a Psych Nurse is to prove conclusively
that we are Brother's Keeper.
Good luck to the Centennial Class.

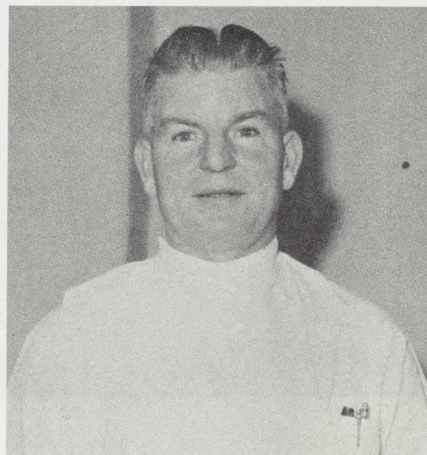
Mr. A.H. Barnett, R.P.N.
Assistant Director of Nursing.

They also serve that stand and wait. You who
have waited for this day have served remarkably
well, and are now ready and fortified with knowledge,
reassurance, and belief in all that your training
has done for you.

Your ambition has now been achieved, you are
Psychiatric Nurses ready to better all who may
come under your care. I feel proud to have played
some small part in this your achievement.

Good luck wherever you may be fortunate enough
to serve, but remember wherever it may be, serve
it well.

Mr. T. Faulkner, R.N.
Associate Director of Nursing.



Congratulations, on this your Graduation Day.
"Every man feels instinctively that all the
beautiful sentiments in the world weigh less
than a lovely action."

Rosseau.

Miss M.A. Hornibrook, R.N.
Associate Director of Nursing.

To the Graduating Class of 1967:
Congratulations upon reaching your goal!
However, there are goals yet to be attained.
Wherever you go there will always be a New
Horizon. Step forth with pride and enthusiasm.
Sincere good wishes to you all.

Miss L.W. Lethbridge, R.N.
Nursing Personnel Director.





Editor's Message

We, the students of the Selkirk Hospital for Mental Diseases take great pleasure in presenting this, Centennial Edition of "HORIZONS' 67."

"HORIZONS' 67" has been edited and agglomerated to provide each student with a token of remembrances of his dedicated instructors, his many friendships, the happy hours spent at Selkirk both during and after duty.

It has been my privilege with both pleasure and pride that I have served as it's editor. We hope that this volume will live up to the praise-worthy reputation secured by our predecessors and that the entire student body will derive enjoyment from its many varied contents.

It would be unjust to claim credit for this annual without acknowledging the tremendous assistance received from: Mr. Davidson, Mr. Cringan, the Yearbook Committee, Advertising Committee, and many more who have devoted their precious time and patience to the success of this book.

To conclude, a repeated "Thank You" to the student body for their loyal support and co-operation and the best of luck to next year's staff.

Giliola Fabiani
Editor



Yearbook Committee

CANDIDS

Diana Kruchkowski
Judy Finnen
Diane Richards

SOCIAL AND SPORT WRITE-UPS

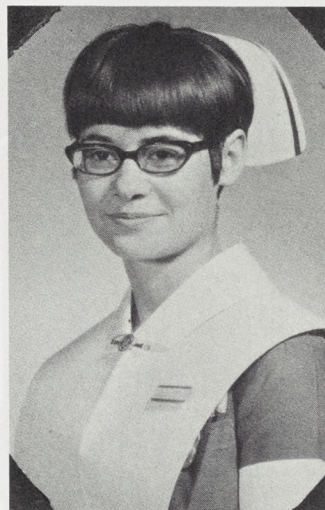
Linda Senavitch

TYPIST

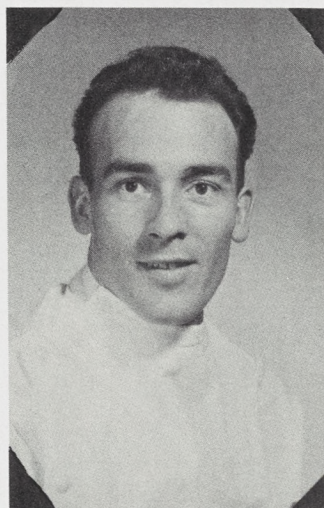
Diana Kruchkowski

ADVERTISING LAYOUTS

Barbara Scott



CO-EDITOR
France Hebert



ADVERTISING CHAIRMAN
Alfonse Gaborieau



President's Message

It is difficult to believe that another school year has come and gone. For some it is the final year; for others it is a stepping stone to a higher education in the field of Psychiatric Nursing.

To the teaching staff, on behalf of the new graduates, I extend our grateful thanks for your guidance, advice and assistance.

I am also indebted to each member of the student council who have always been willing to assume the responsibilities delegated to them and whose tireless efforts have attributed to the success of this school year.

To the new students, I leave with you the words of Guy L. Cooke "What you are to be, you are now becoming."

In closing, may I remind you, the graduates that our stay in Psychiatric Nurses' training is but one ring in the ladder to success, and as Thomas H. Huxley wrote "The rung of a ladder was never meant to rest upon, but only to hold a man's foot long enough to enable him to put the other somewhat higher."

LARRY SEMENKO
PRESIDENT



Student Council

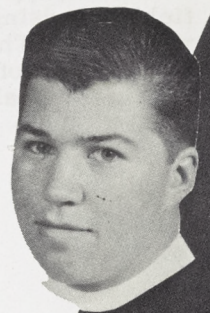
PUBLICITY REPRESENTATIVES
Gay McGlaughlin Brian Coumont

SOCIAL REPRESENTATIVES
Linda Senavitch Barbara Scott

TREASURER
Barbara Dion

SECRETARY
Edmay Saurette

VICE-PRESIDENT
Judy Finnen



To the class of 1967 we say congratulations. As you graduate from the course of study you undertook three years ago, may you be proud of your achievement. We hope you continue to set your goals in the field of nursing and that your experiences prove rewarding. The faculty of the school of nursing extend to each of you the wish for success and much happiness in all your future endeavors.

Miss S. Narfason, R.N., R.P.N.
Director of Nursing Education



Mr. S. Davidson, R.P.N.



Mrs. L. Tigchelaar,
R.N., R.P.N.



Mr. J. Martyniw, R.P.N.



Miss J. Morton, R.P.N.



Miss C. Johnson, R.P.N., R.N.

We, the students of Selkirk Mental Hospital
Bid you welcome.
May your stay be memorable
As ours has been rewarding.





"Graduates 1967"

*Dear God I give you thanks for the triumph of this day,
For successful completion of this part of life's way.
Now I would use my learning, I giving as I can,
Of love as well as skill, In service to fellow-man.
Oh, help me find the place where you have need of me,
For there will be fulfillment, love....and joy....and harmony.*

"Elizabeth Searle Lamb"

The Psychiatric Nurse's Pledge

I Do Hereby Pledge my wholehearted service to those entrusted to my care . . . endeavouring at all times to understand the patient's individual emotional and physical needs and differences . . . To that end, I will strive for skill in the fulfillment of my duty, holding sacred and inviolate all confidences entrusted to me.

I Promise to respect the personal rights and privileges of my patient, and to do all in my power to prevent or alleviate physical or psychological discomfort.

I Will always be kind, tolerant and just . . . I will endeavour to cultivate a keen sense of observation and an understanding attitude.

I Acknowledge the dignity of my profession and accept the obligation it implies . . . I will faithfully perform my duties, and will give the utmost in cooperation to those persons with whom I associate in ministering to the mentally ill.

All of which I pledge, on my sacred honour.



Success is what you want
Happiness - wanting what
you get.
Anne Marie Boisjoli
St. Boniface, Manitoba

It's the giving and do-
ing for somebody
else
On that, all life's
splendor depends
And the joys of this
life, when you
sum them all up
Are found in the
making of friends.

Giliola Fabiani
Winnipeg, Manitoba.



The strongest man is he
who stands most alone.
Marge Fiddler
Spirit River, Alberta

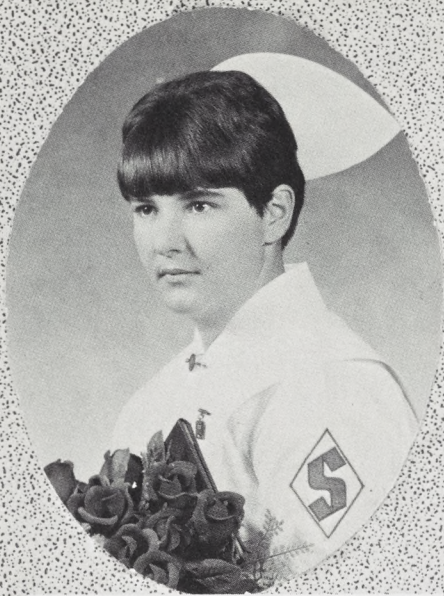


There's little satis-
faction to be gained
from doing things
that hold no diffi-
culty, to overcome
them is success.
Ollie Ewart
Ranger, Sask.

Outer show is a poor
substitute for inner
worth.

Diana Kruchkowski
Shorncliffe, Man.





The heart has its
reasons,
Which are quite un-
known to the head.
Joan McDonald
Winnipeg, Man.



The old know all the rules,
the young only the excep-
tions.

Yvonne Letourneau
St. Boniface, Manitoba



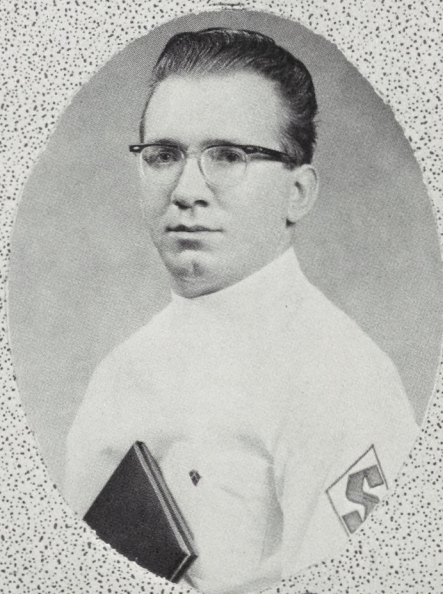
There are two ways of
spreading light
To be the candle or the
mirror that reflects it.
Sharron MacKay
Brandon, Manitoba

He that will not when
he may
Shall not when he will.
Susie Penner
Altona, Manitoba



The really successful
man is he who tries
harder to make
something of himself
than for himself.

Larry Semenko
Selkirk, Manitoba





It is better to think for yourself and be occasionally found wrong than it is to be right only because you follow another's thinking.

Ruth Steeves
Melita, Manitoba.



True merit, like a river, the deeper it is, the less noise it makes.

Judy Swain
Selkirk, Manitoba.

GRADUATION

All the seats at last are filled
And we're seated row by row
Memories of the past ensue us
Of the things we used to know.

Carefree days of happy laughter
Days of working, days of play

That remind us ever after
Even years can't wipe away.

Now we walk up to the front
We laugh yet want to cry
For Graduation day has come
One day and then Goodbye.

Every cloud has a silver lining ----
Anytime, anywhere, and for anyone.

Annette Thorimbert
St. Boniface, Manitoba.

He who has a thousand friends has
not a friend to spare and he who
has one enemy shall meet him
everywhere.

Linda Zielke
Beausejour, Manitoba.





Valedictorian



With a new confidence in our abilities to achieve, we the graduates of 1967 set forth with hope in the distant light for a bright future.

So once again a group of nervous but proud graduates stand before you.

For some of you this is just another graduation. But for us it marks the end of a three year stretch of waiting, worrying and helping; of course I am referring to those closest to us; our parents!

To you mothers and fathers, we give special thanks for all that you have done for us; for listening to our problems, and encouraging us in reaching this very special day.

Amongst our parents are seated

others who mean a great deal to us: from our instructors who filled us with knowledge, to our supervisors and grads who enforced this knowledge, and to our junior students and ward staff who assisted us and supported us in all duties and of course, to the medical staff who cared for us during illness and who were so patient in guiding our awkward hands. To all of you we give many thanks.

We hope you are all proud of your three years project of forming us into Psychiatric Nurses. We hope we have learned your confidence and your pride as we have discovered a new confidence in ourselves and pride in our new profession. These past three years have been very difficult for us as we are sure it has been for all of you. Thanks for standing by through the most difficult periods. Few details of these years will be forgotten. We will remember our triumphs as well as our errors, for through these errors we have learned. We trust you have recognized us not as mischievous but rather as inquisitive students seeking truth and a voice in matters.

"To help the patient, the nurse must first of all truly know and understand herself." This was told to us many times by one of our instructors. Today, we hope we have achieved this. We have learned to stop and take a look at ourselves and to ask the eternal and often unanswerable question -----WHY? ---. We have learned to ask this, Why?, not only in regard to others but also in regard to ourselves. This is a great step towards success in our profession. We hope we will all continue to ask ourselves, not only in our work, but in our daily lives the Why? of your actions, feelings, and emotions. We have learned during our training the true meaning of the old adage - "Judge not, lest ye be judged!"

Knowledge and learning does not end here, for we are just entering our professional lives. There is much still to be learned. We hope this thirst for knowledge continues as some of us further our studies in other fields, this means widening our horizons or throwing our coins in the fountain.

The world of tomorrow beckons. A world of frustration, uncertainties, and inadequacies; but it can become a world of satisfaction if its challenges are met and accepted with vigor, determination and fortitude.

Yes, this is but an epilogue of our progress towards the first experience of our dreams; it is an anticipation of our future fulfillment.

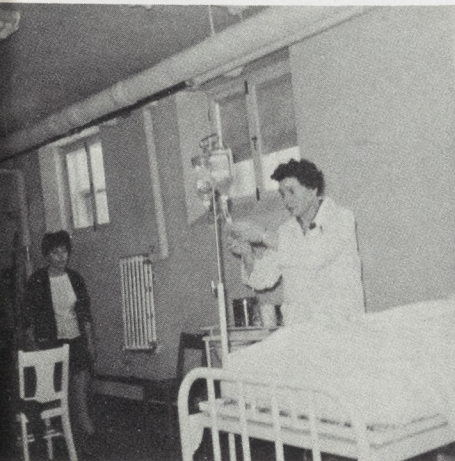
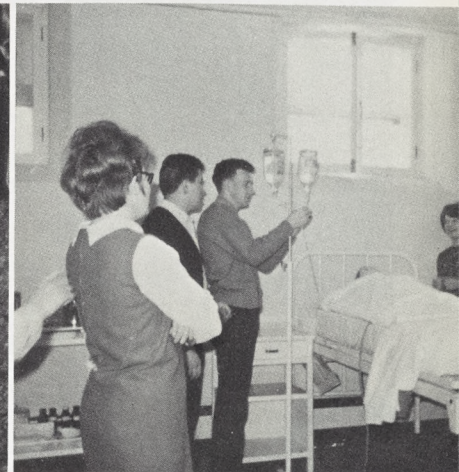
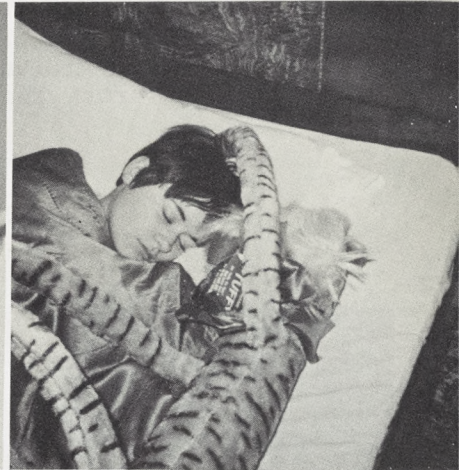
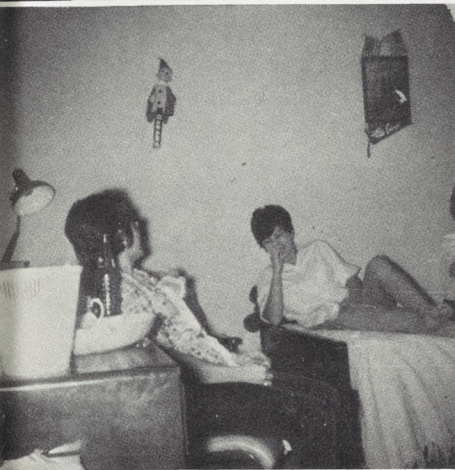
Yvonne Letourneau.





Second Year

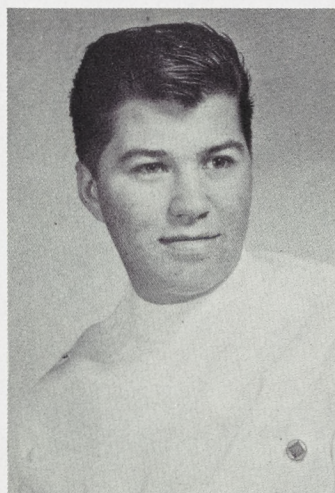
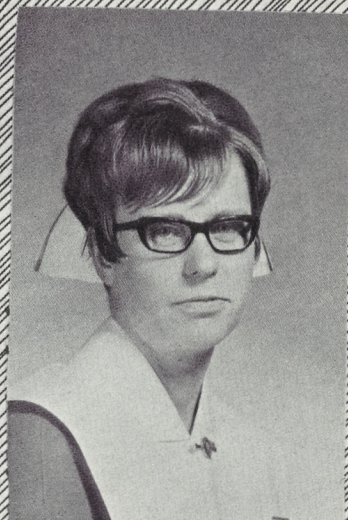
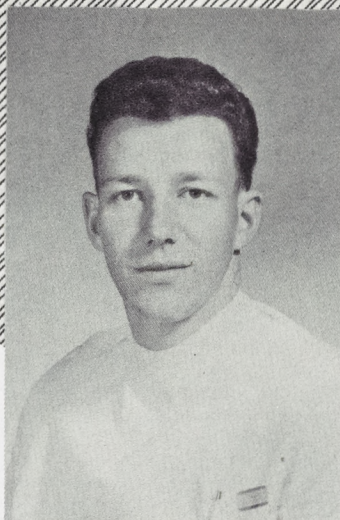
But, as we look back
some years hence
in a softer light.



Marvin Benson
Selkirk, Man.



Claire Andruschak
Riverton, Man.



Brian Coumont
Selkirk, Man.



Judy Blackmon
Flin Flon, Man.

Barbara Dion
Flin Flon, Man.



Judy Finnen
Winnipeg, Man.





Alphonse Gaborieau
St. Boniface, Man.

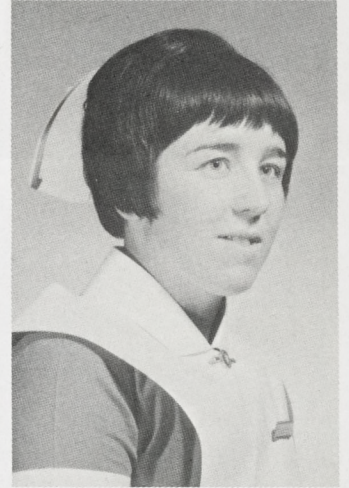


Wilma Griffin
Winnipeg, Man.

France Hebert
St. Malo, Man.



Gay McLachlan
Winnipeg, Man.

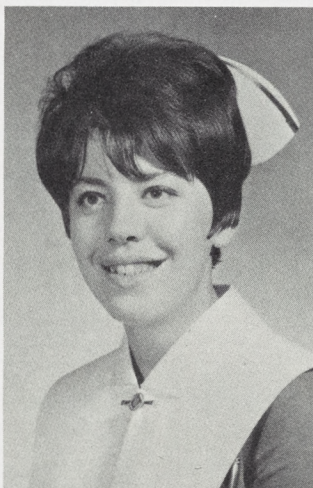


Claudette Moquin
St. Boniface, Man.

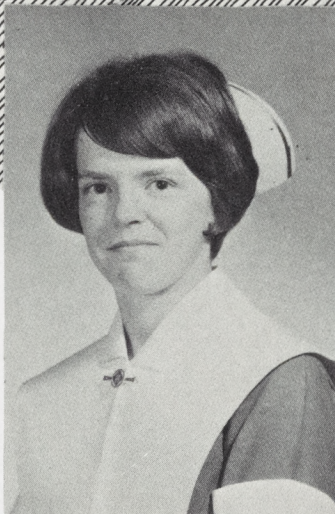


Diane Richards
Winnipeg, Man.





Gloria Winters
Selkirk, Man.



Edmay Saurette
Letellier, Man.



Barbara Scott
Oak Lake, Man.

PRAYER FOR A PSYCHIATRIC STUDENT

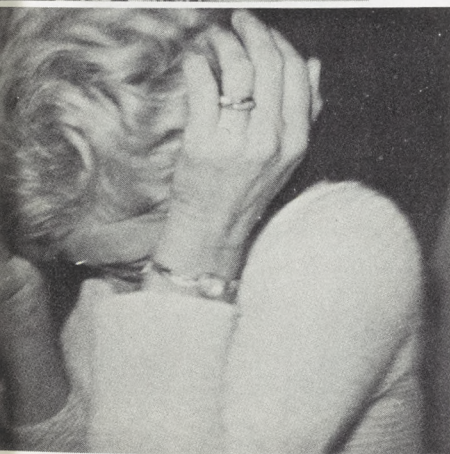
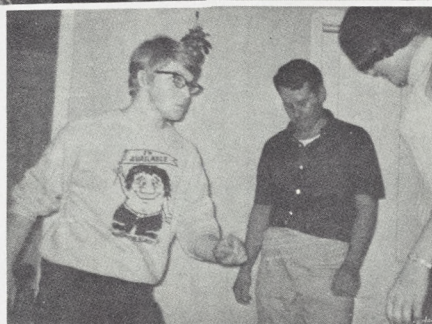
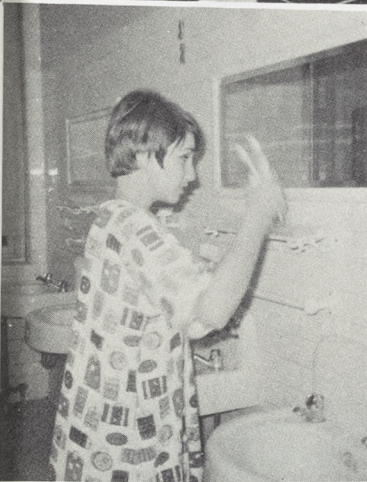
Now I lay me down to sleep
With my Textbooks at my feet
If I should die before I awake
I have but few requests to make.

Put my Psych Nursing in my hand
Tell Mr. Davidson I didn't understand
Place my A & P at my feet
Tell Miss Narfason it's got me beat.

Stand my Med-Surg. by my bed
Tell Miss Johnson it was all in my head
Hide my Sociology, make sure it's covered
Tell Mr. Martyniw it should have never been discovered.

Lay my Basic Nursing on my chest
Tell Mrs. Tigchelaar I did my best
Set my Psychology by my side
Tell Miss Morton I'm glad I died.

UNKNOWN.



First Year

The nebulous state
Of commencement
The trembling and fear,
The tears of the novice:
Grey, the day of starting out. -

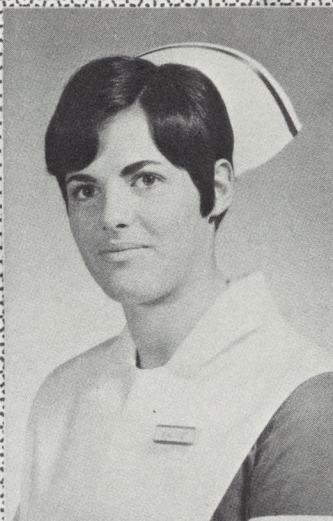
Struggle as always
The threat of impotence,
Alternate the joy of growth:
Spare, the hope. -

But there reached, beached, landed
Complete and not:
Fulfilled today,
Tomorrow we tremble again.

Oh no! another group. Just when
we finished training the others!



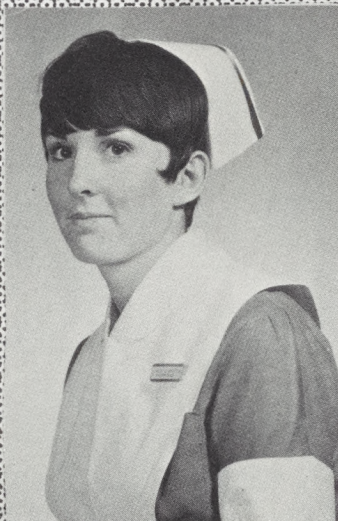
Joan Belinski
Poplar Point, Manitoba



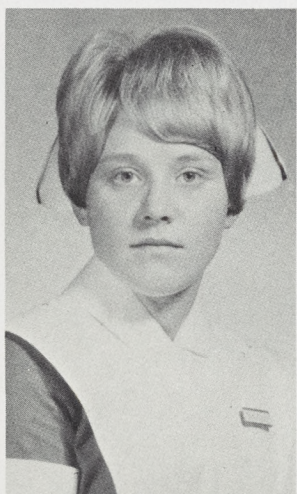
Mariette Boisvert
Hearst, Ontario



Susan Cormack
Winnipeg, Manitoba



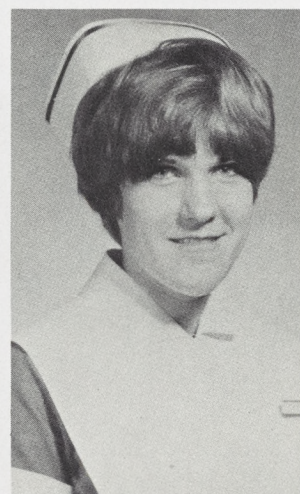
Karen Dion
Cambell River, B. C.



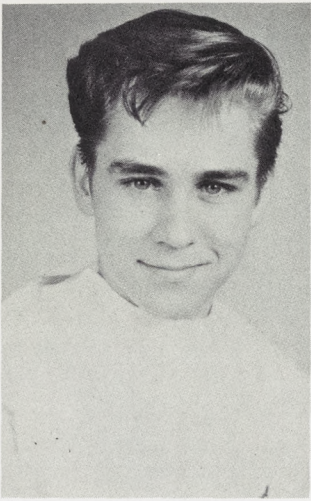
Rae Duffy
Portage La Praire,
Manitoba



Betty Epps
Selkirk, Manitoba



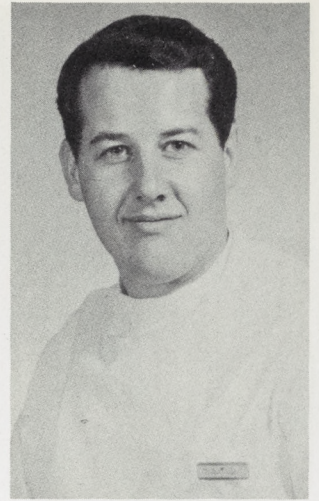
Judy Janssen
Great Falls, Manitoba



Leslie Kirkness
Clandeboye, Manitoba



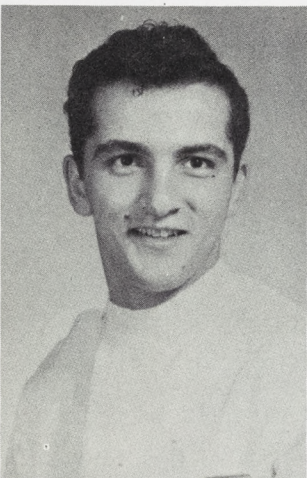
Margaret Milord
Chicago, Illinois



Mark Malloy
Winnipeg, Manitoba



Donna Plessis
McCreary, Manitoba



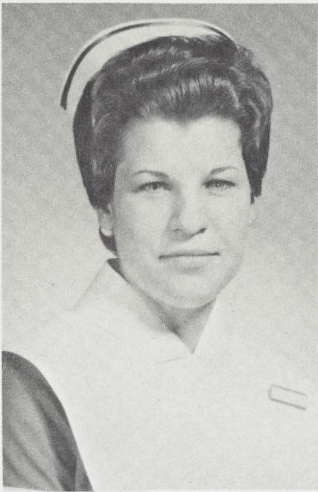
Ralph Riter
Selkirk, Manitoba



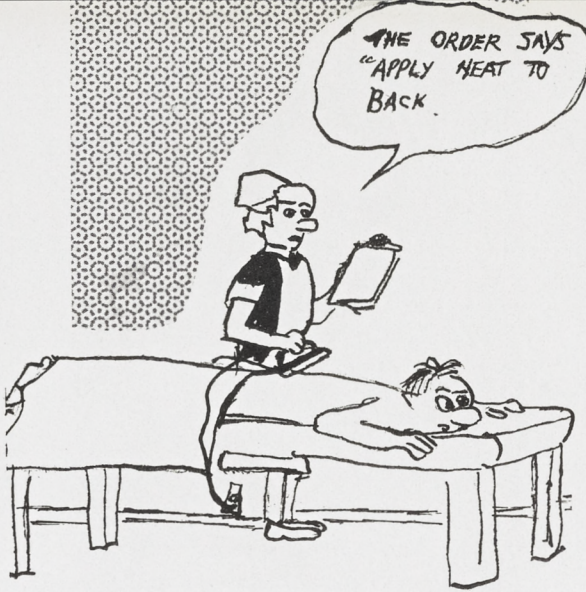
Linda Senavitch
Lockport, Manitoba



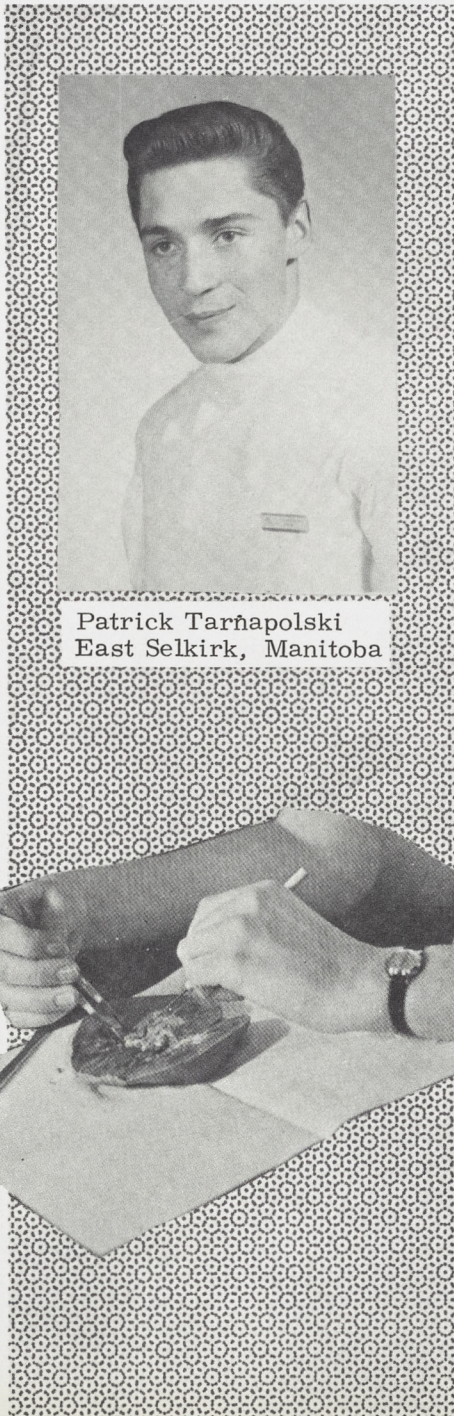
Madelaine Sicotte
St. Boniface, Manitoba.



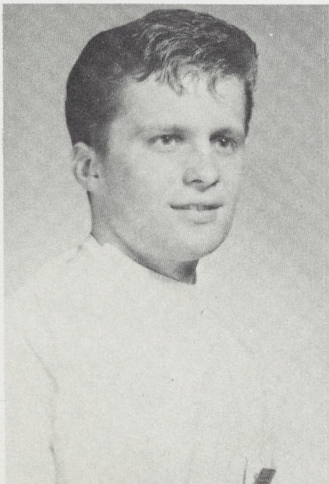
Elizabeth Smolinski
Ladywood, Manitoba



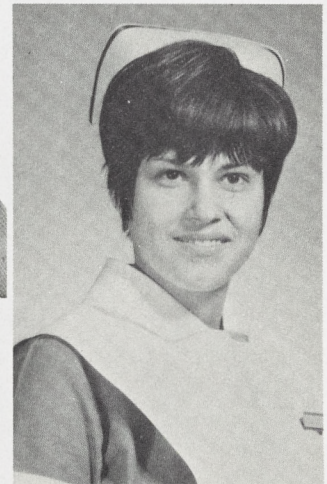
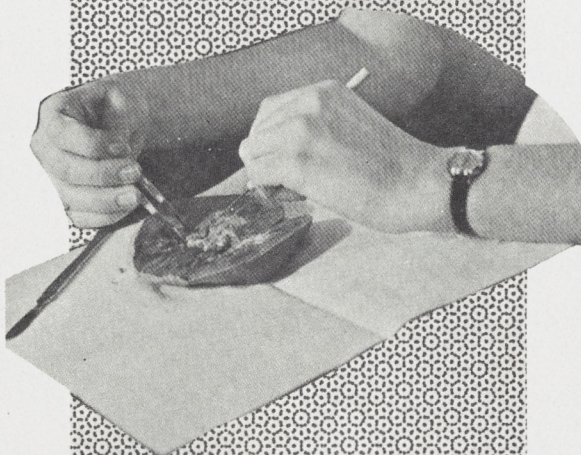
Elaine Surface
Noyes, Minnesota



Patrick Tarnapolski
East Selkirk, Manitoba



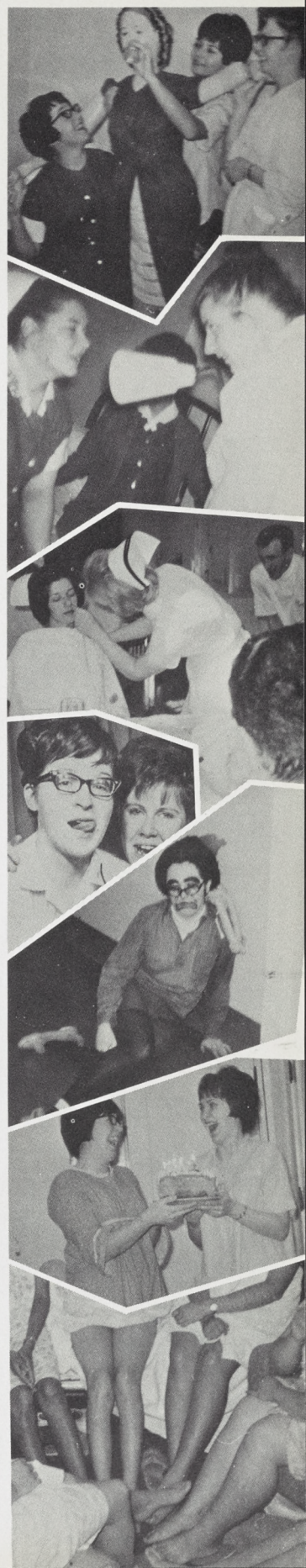
George Tipliski
Selkirk, Manitoba



Mrs. Audrey Woychesher
Selkirk, Manitoba

Remember When?

ANNE MARIE B. - Laughed at enuresis.
 LINDA Z. - Collected autographs and took care of phone calls for friends.
 ANNETTE T. - Sang in other places besides her room.
 JUDY S. - Played "Juliette" from her window.
 SHARON Mc. - Pretended she was "Mary Poppins" outside her window with Giliola's umbrella.
 GILIOLA F. - Learned how to drive?
 LARRY S. - Believed safety existed in numbers.
 RUTH S. - Was attached to flags.
 OLLIE H. - Said goodbye to Bermuda and Hello to Selkirk.
 JOAN Mc. - Believed in dusters with short hemlines, (especially in back).
 DIANA K. - Became the official Revelee officer with her bongo drums.
 YVONNE L. - Directed traffic in Portage, and ran an elevator while blushing.
 MARJORIE F. - Uttered oh no! when the 1966 flood on the third floor annex took place.
 SUSIE P. - Carried her "Jug of Instant C. " wherever she went.
 MARVIN B. - Lost his trousers?
 WILMA G. - Car--s--s--s
 MARVIN B. - Wanted to use the B. P. apparatus for measuring spinal fluid.
 THE PARTY - At Al's garage!
 THE RESIDENCE - Didn't have any leaks.
 MR. DAVIDSON - Lectured slow-----ly!
 MRS. TIGCHELAAR - Set up the projector.
 MRS. R. ROBERTSON - Wore a green slipper.
 YVONNE L. - Decided to nap in the autoclave.
 THE RESIDENCE - Was going to be painted.
 PSYCH. STUDENTS - Wore "Togas"?
 EVERYONE - Remember our involuntary baths?
 MARK M. - Was late the first day of class.
 MARIETTE B. - Fainted.
 PAT T. - Slipped on the step-stool and almost tackled Mrs. Tigchelaar.
 AUDREY W. - Inspected the skeleton and ended up putting it back together.
 RAE D. - Used red cavity proofing.
 RALPH R. - Used isolation technique?
 R. ROBERTSON - Caught KAREN D. crawling along the hall.
 LINDA, RAE, DONNA, SUE - Tried to tape a student council meeting.
 MARGARET M. - Had a mysterious phone call from Harry and Harold.
 SUE C. - Found her room in shambles.
 ANNE MARIE B. - Had her bed stripped six times which resulted in her sleeping on the hall floor.
 RUTH S. - Found her mattress in the closet.
 MARLENE (ALIAS MARVIN) B. - Wore a living girdle.
 JUDY F. - Was holding the birthday cake in the closet for a surprise party which turned out to be her own.
 MISS NARFASON - Did the Limbo like a good sport!
 AL G. - Wore leotards to go tobogganing.
 GAY McL. - Tried catheterizing "Judy" but had trouble finding the location which resulted in Mrs. T.'s patience to run out and class being dismissed.
 A MALE STUDENT - Was asked to get a fallopian tube and finally returned with a gastric lavage tube instead.
 BRIAN C. - Was in a hurry to leave but found his steering wheel tied to the door from the inside.
 MISS MORTON AND MISS JOHNSON - Made each other cry in the dem. room.
 MRS. L. TIGCHELAAR - Opened the skeleton's door and found MARVIN'S good sweater in it.





G. J. Creasy, M.D.

Medical Staff

M. Mann, M.D.
Missing



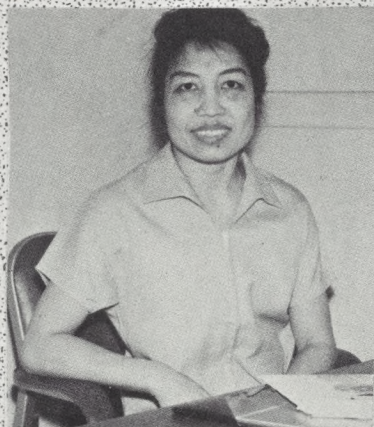
W. Kreyes, M.D.



R. Wehner, M.D.



J. Hollo, M.D.



F. Y. Soong, M.D.



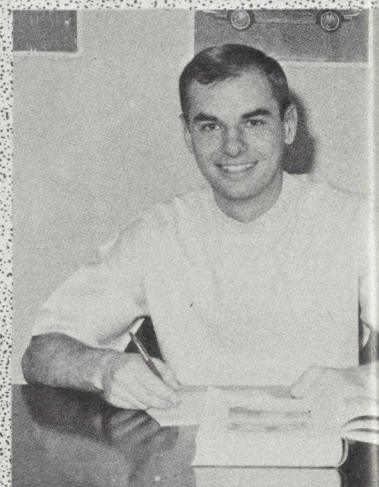
A. Pacher, M.D.



E. Johnson, M.D.



W. Nakielny, M.D.



C. Ibbott, D.M.D.

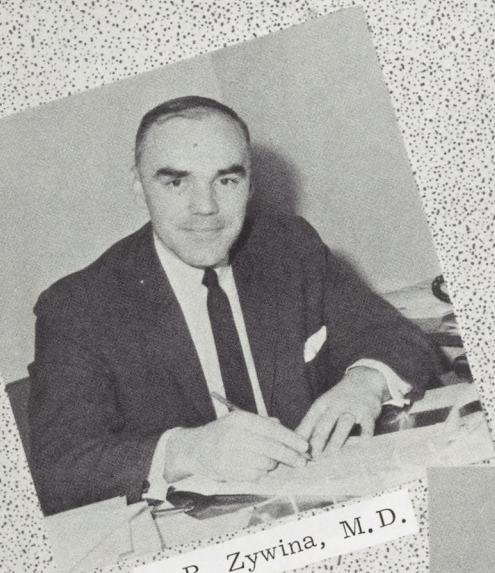


Resident Physicians

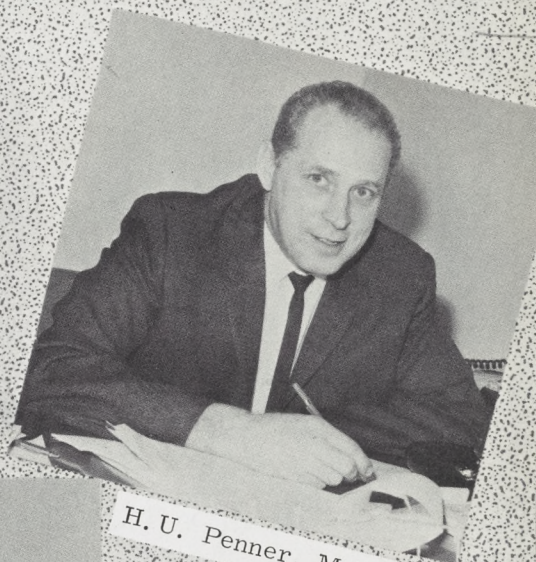
Graduation marks the end of a training but not of learning; man should grow wiser as he grows older!

Congratulations and Good Luck to you all.

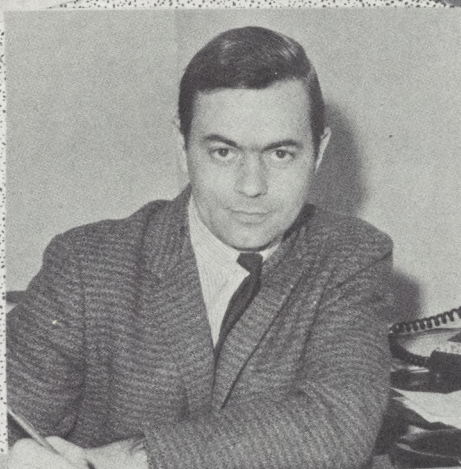
R. G. Bankier, M.D., F.R.C.P. (C)
CLINICAL DIRECTOR.



P. R. Zywna, M.D.



H. U. Penner, M.D.



A. P. Froese, M.D.



J. A. Joseph, M.D.



R. Slonim, M.D.

Psychology Department



On behalf of the Department of Psychology, I would like to take this opportunity to extend our congratulations to all the members of the graduating class. Your years of training have prepared you for one prime goal - to work. Unfortunately, people from all disciplines have varying attitudes towards work. For some individuals work is a means to an end, while for others it is an end in itself. Work is drudgery for some; for some an escape and for others a painful reality. We hope that for this graduating class it will be nothing but a stimulating and challenging experience. We hope you every success for the future.

Dr. L. A. Shewchuk, Ph. D.
Director of Psychological Services



Mrs. C. Custodio



Mrs. A. Krull

Missing: Mr. D. Pettit.



Miss I. Strempler

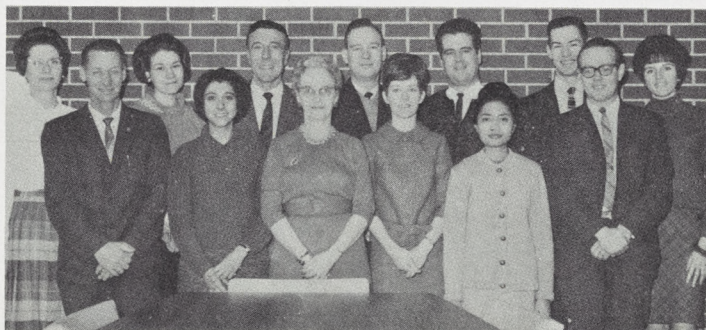
Social Service Department

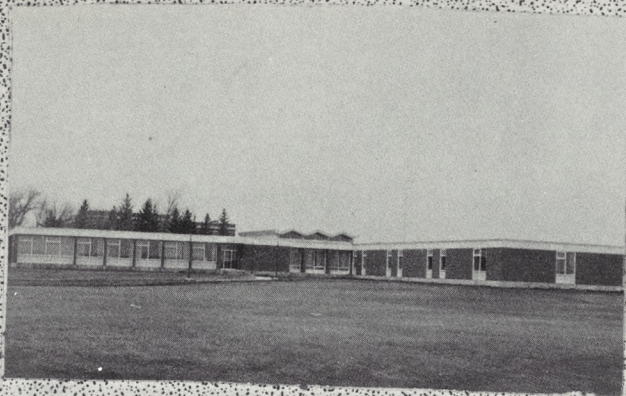


To the Class of '67 the Social Service Department extends congratulations and best wishes. We have come to know you individually through your orientation week spent with us - we know you as skilled and understanding persons with much to offer in future years of service to the mentally ill. On behalf of the staff in Social Service, I wish you every success in the years to come.

Mr. R. F. Creasy, M.S.W.
Director of Social Services.

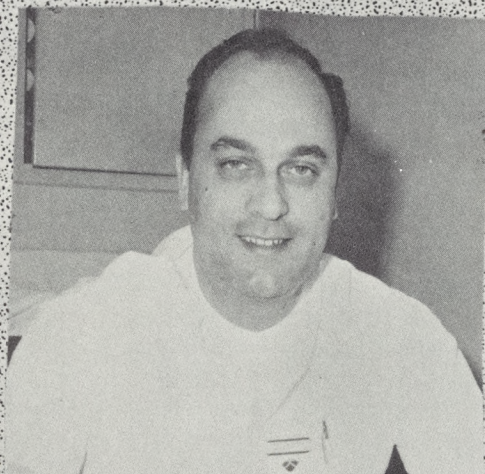
Mrs. M. Gmitroski, Mr. O. Marshall, Mrs. B. Miller, Miss V. Khansaheb, Mr. J. Weiermann, Mrs. K. Weiermann, Mr. W. Balenbach, Miss P. Sigmundson, Mr. R. Ursel, Miss A. Foranda, Mr. W. Dales, Mr. B. Tod, Mrs. W. Johnson.





Unit Supervisor:
Mrs. E. Schmidt
R. P. N.

S. P. G. A. Unit



Supervisor: Mr. W. Gunter

Supervisor: Mr. D. Haydon (missing)
Miss G. McRae (missing)



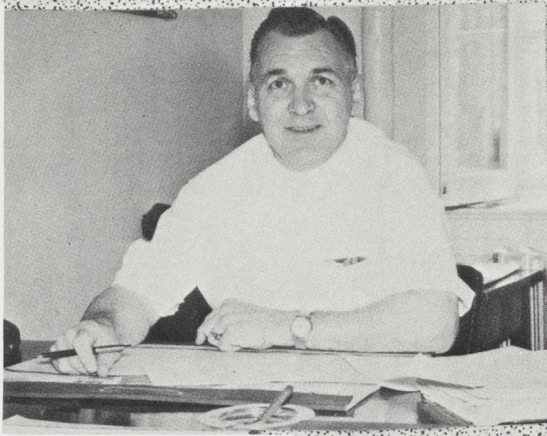
Graduate Staff: Mrs. S. Kowalchuk, Miss S. Gamey, Mrs. L. Cunningham, Mrs. L. Bruneau, Mrs. E. McCasin, Mr. G. Ball, Mr. L. Linklater.



Kitchen Staff

I SENT THAT LITTLE
NURSE IN TO HELP
YOU STRIP THE BEDS
WHERE DID SHE GO?





Unit Supervisor:
Mr. G. West, R. P. N.



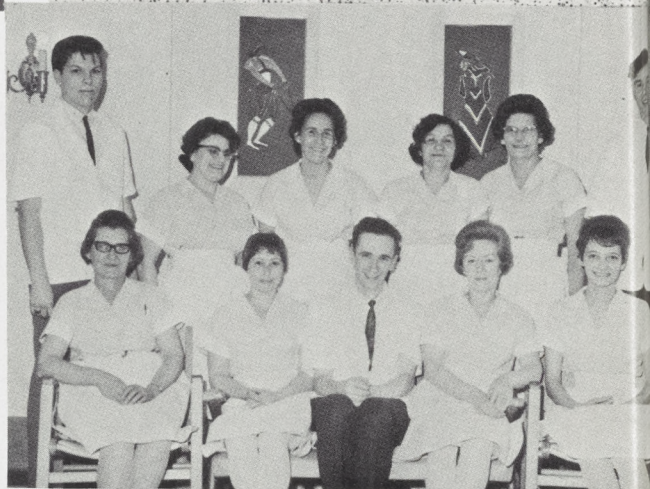
B - Unit



Graduate Staff:
Mrs. C. Wendle, Mrs. V. Stewart, Miss
M. Hoffman, Mrs. B. Jefferson, Mrs. E.
Adamoski, Mr. A. Tigchelaar, Mr. P.
Goers.



Supervisors:
Mr. K. Goodman, R. P. N.
Mrs. M. Goers, R. P. N.
Mr. F. Kitchen, R. P. N.



Nurses' Aides and
Attendants.





C - Unit



Attendants and Nurses' Aides



Supervisors:

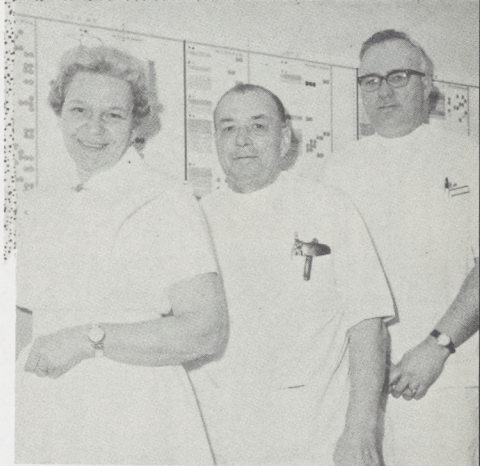
Mr. W. Wills
L. P. N., R. P. N.
Mr. E. Malazdrewcz
R. P. N. (missing)

Graduates:

Mr. S. Vohra
Mr. J. Clarke
Mr. W. Schulthies
Mr. W. Kowalchuk

Central Nursing Office

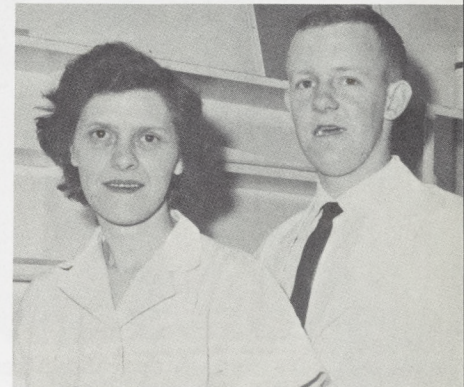
Mrs. M. Jensen
R. P. N.
Mr. A. Page
R. P. N.
Mr. G. Hallsworth
R. P. N.



Night Supervisors: Mr. J. Winnemuller
R. P. N., R. N., Mr. M. Cholosky, R. P.
N., Mrs. C. Richards, R. P. N., Mr.
J. Gray, R. P. N.



Kitchen Staff



Clothes Marking Room



DO YOU THINK - AFTER
YOU'VE SAVED THE POOL
TABLE OF COURSE - ONE
OF YOU COULD TURN
THE WATER ON?



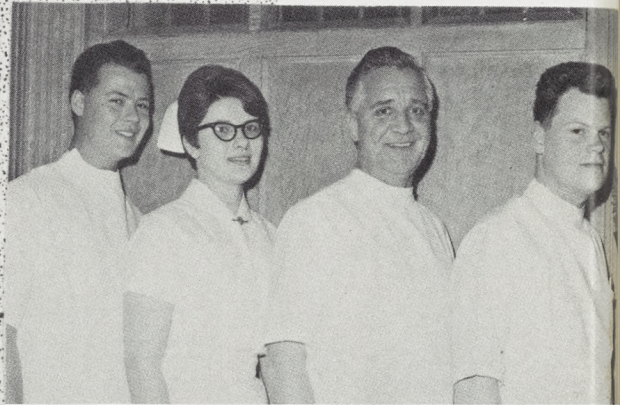
D - Unit

Unit Supervisor:
Mr. C. Barnard
R. P. N.



Supervisors:
Mrs. L. Cove,
R. P. N.
Mrs. C. Long,
R. P. N., R. N.

Graduates:
Mr. L. Linkater,
Miss F. Patterson
Mr. J. Hogg
Mr. A. McColl



Nurses' Aides and Attendant



Kitchen Staff

Hairdressers





E - Unit



Unit Supervisor:
Mrs. I. Otto, R. P. N.



Supervisors: Mr. L. Vitt, R. P. N., Mr. G. Reichert, R. P. N., Mrs. G. Horn, R. P. N., Mrs. G. Gowenlock, R. P. N.

Graduate Staff: Mr. D. Shipp, Mr. J. Philpott, Mrs. G. Gunter, Mrs. M. Dehn, Mrs. J. McLeod, Miss R. Stephanson, Mrs. M. Marajh, Miss M. Katarynch, Mrs. P. Bracken.



Nurses' Aides and Attendants.



Kitchen Staff.



THAT'S ALL THE PHEMEROL,
YOU SHOULD HAVE SETTLED
FOR A SMALL UNION JACK





Mrs. J. Gianna, O.T.



Miss C. Werier, O.T.



Occupational Therapy Workers.



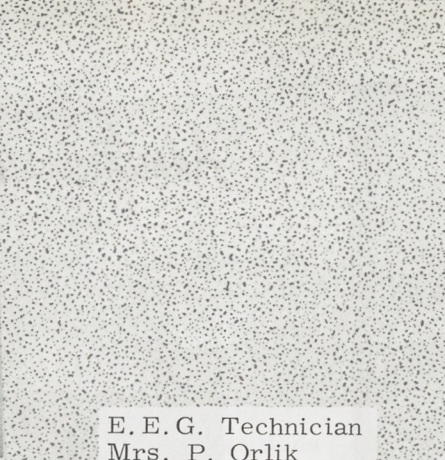
Mr. N. Fitkowski
Rehabilitation Supervisor.

Rehabilitation Staff

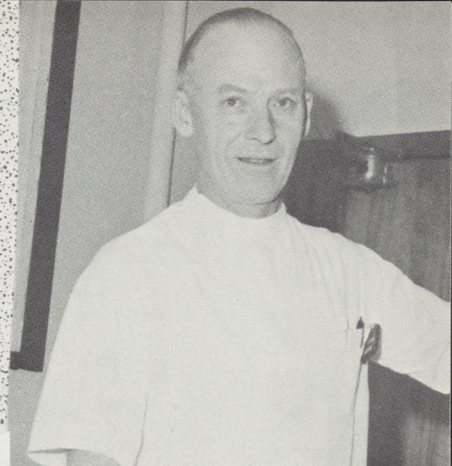




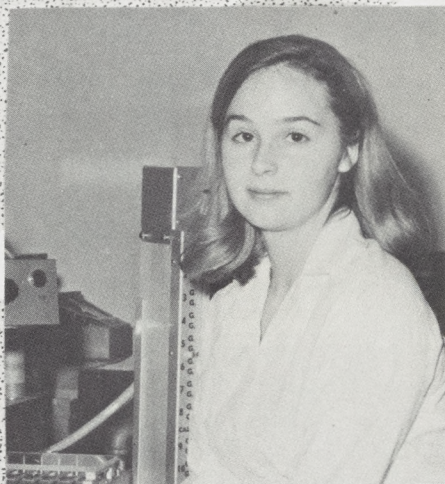
Lab. Technicians
Miss M. Switzer
Mr. R. Dyck



E. E. G. Technician
Mrs. P. Orlik



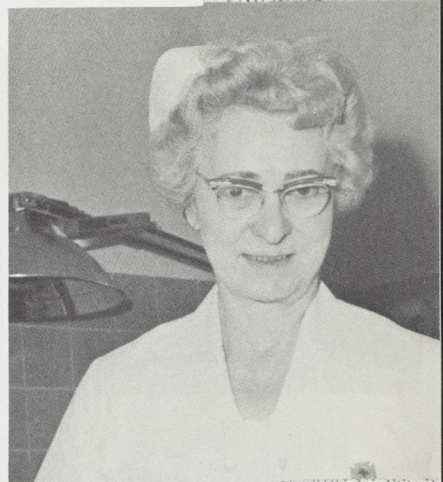
X-Ray Technicians
Mr. H. Moffat



Pharmacy
Mrs. H. Fedorchuk, R. P. N.
Mrs. J. Kindrat, R. P. N.



Operating Room
Mrs. M. Sutherland, R. N.



School Teacher
Mrs. I. Scholte.

Father Doll.





Administration Staff

Hospital Administrator
Mr. A. Cartilage



Bursar
Mrs. Mulder.



Secretarial Staff.



Young
Canadians.





Mrs. Buys



Miss Spencer

Dietitians



Miss Tergesen
Housekeeper



Sewing Room



Housemothers

Mrs. Miller Mrs. Brown
Mrs. Robertson Mrs. Tulloch



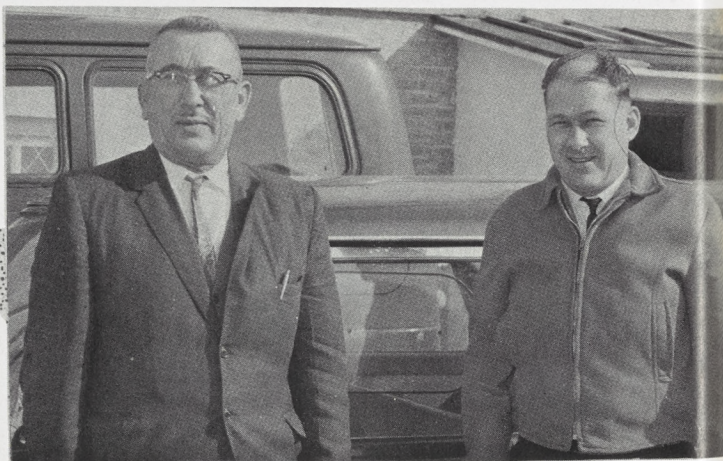
Mr. C. Myall
Co-ordinator of Community
And Voluntary Activities.



Mr. W. Puetz
Co-ordinator of
Rehabilitation.



Recreation Staff
Mr. J. Flynn
Mr. G. Bear



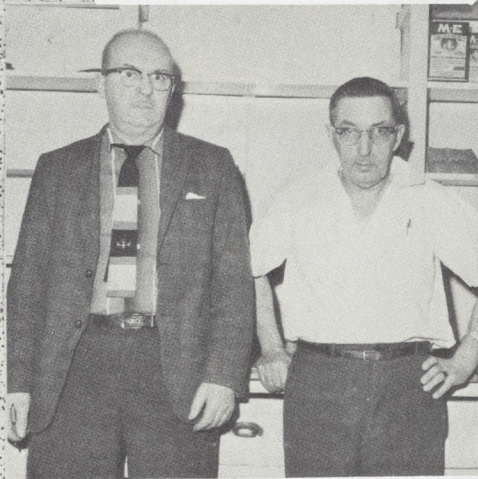
Drivers: Mr. W. Andrews
Mr. C. Geard



Canteen Staff



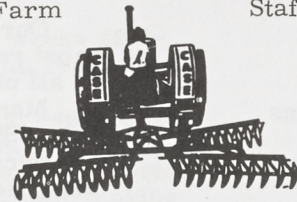
Power House Staff



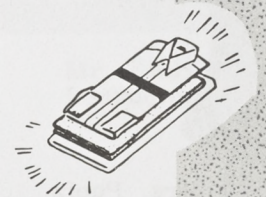
Stores



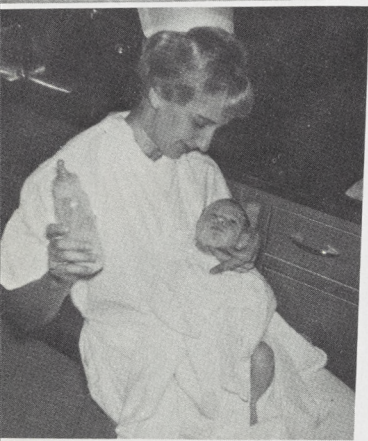
Farm Staff



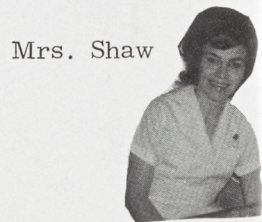
Laundry Staff



1967 Affiliation At Grace Hospital



Miss Martens
2nd North



Mrs. Shaw



Mrs. Kawa
3rd Center

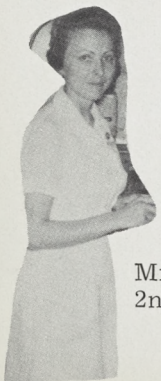
Our experience at Grace was most rewarding and enlightening in all phases.

Many thanks to Captain Johnson, Mrs. Shaw, Mrs. Smith, and all the nursing staff for their interest and guidance.

The experience we gained has proved vital to our training and given us insight into what was previously only words out of a book.



Mrs. Smith



Mrs. Papiz
2nd Center

Mrs. Harrington
2nd South



Affiliation at Portage La Prairie



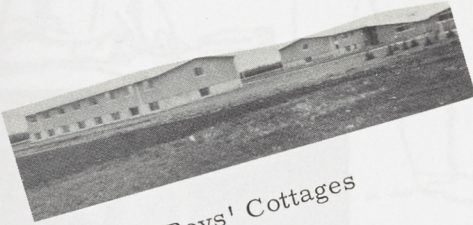
Main Building



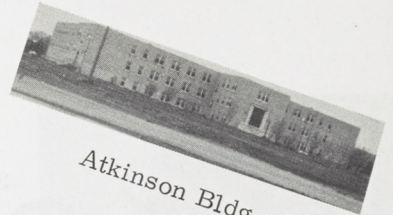
Dr. Lowthier



The New Unit



Boys' Cottages



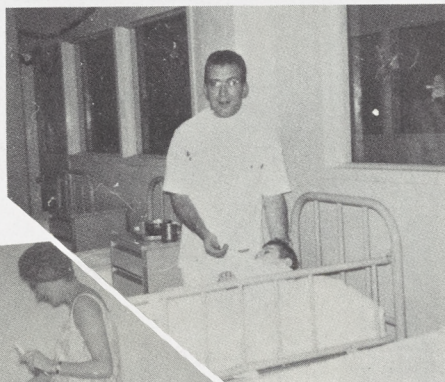
Atkinson Bldg.

AFFILIATION AT PORTAGE LA PRAIRIE

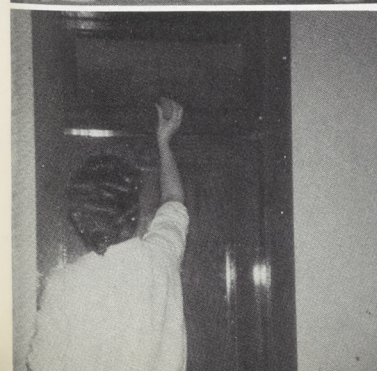
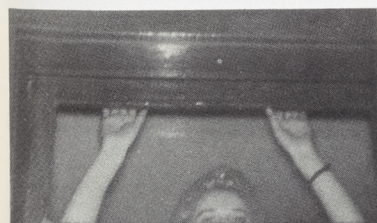
Our third year began with our six weeks affiliation at the Manitoba School for Mental Defectives at Portage La Prairie.

We gained valuable information and experience in the nursing of the mentally deficient.

We would like to extend our thanks to the doctors, instructors, hospital staff and students for making our affiliation a memorable and enjoyable one.



Mr. Kelly
Instructor



Graduates 1966



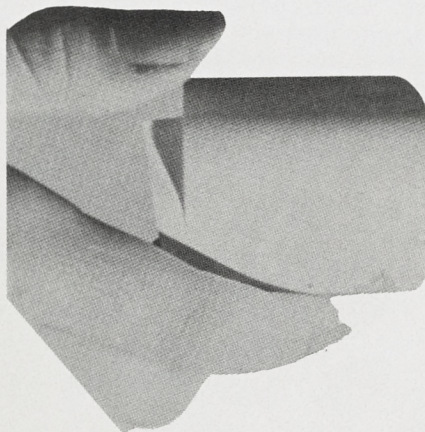
Honours



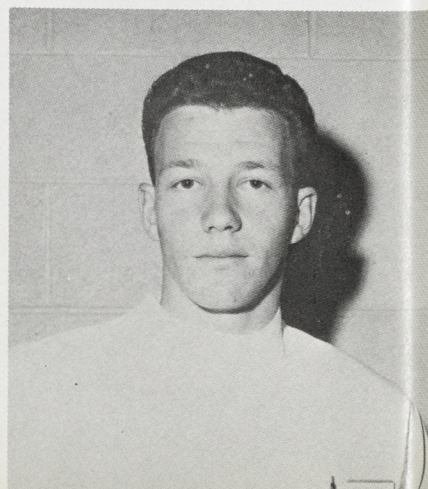
Silver Medal
Bronze Medal
Lois Stevenson



Gold Medal
Clarence Mackie



Second Year Award
Judy Swain



Marvin Benson
First Year Award



Past



Present

and
who
knows
whats!



Wedding

MATRIMONIAL MIND READING

He: Have you anything special planned for tonight, dear?
She: Where's the poker game?

He: Remember that puppy we saw in that pet shop?
She: What are we going to call him?

He: Didn't you say you love plaid suits.?
She: How much was it?

He: Say, when was the last time my folks were here?
She: What time are they coming?

He: Didn't that stew make you thirsty?
She: What do you want -- beer or Coke?



Joan and Morley McDonald



Sharon and Larry Semenko.

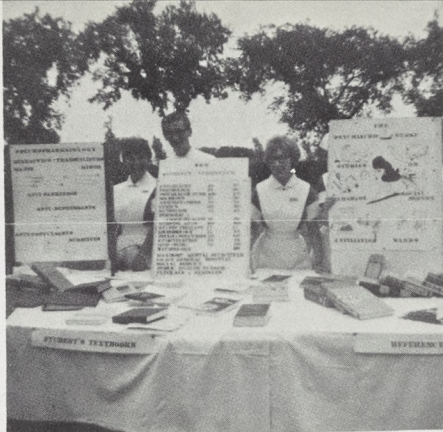


Audrey and Larry Woycheshen.



Lisa lee Semenko.





Hospital Holds Garden Party

An appreciation garden party attended by some four hundred guests was held by the Selkirk Mental Hospital, Sunday, July 14. In spite of a threat of rain,

good weather contributed much to the success of the day.

The party, held on the Nursing Residence lawns, featured many displays related to hospital's work, methods employed and patient rehabilitation.

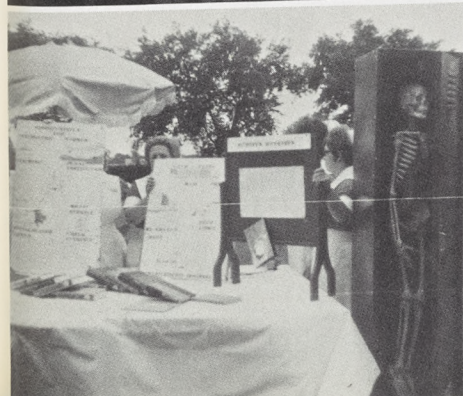
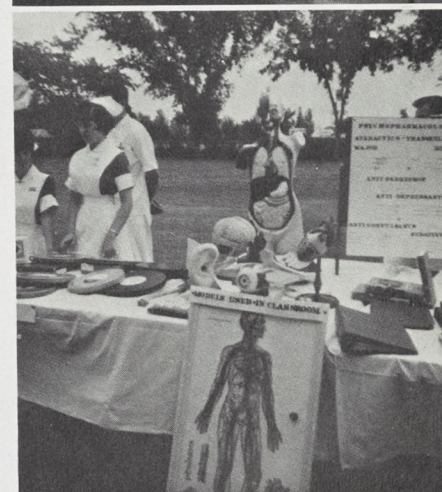
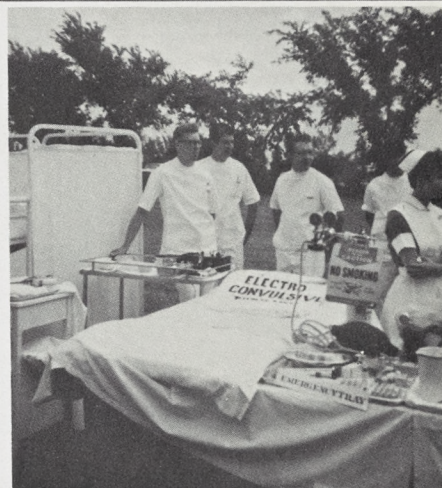
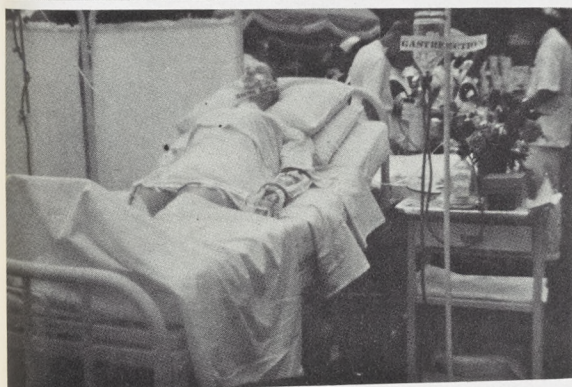
There were displays of nursing equipment used in the hospital; display covering all phases of the treatments administered; displays covering methods used in the treatment of patients, recuperating at home; ex-ray displays and a remarkable display of artwork produced by patients. This art display caused considerable comment among guests for its volume and effectiveness.

There was also a display on the remotivation work carried on only at the Selkirk hospital.

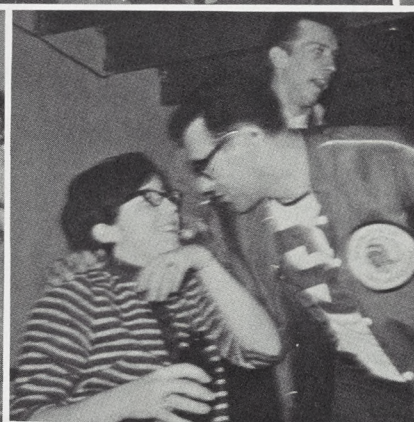
Visitors to the garden party came from as far afield as Gimli to the north and Portage to the west.

Official guests included the Hon. Whitney, Minister of Health; Dr. Edward Johnson, Director Psychiatric Services, Manitoba and Councillor Ken Cyr, Town of Selkirk.

Host was Dr. Tavener.



Giving the last once over.



STUDENT COUNCIL ACTIVITIES

On September 6 at Petersfield Park we had a wiener roast get together to say farewell to the class of 1966 and a hello to the future grads of 1969.

Our Christmas House Party was held on December 15. Christmas being celebrated early didn't hinder the good time shared by all.

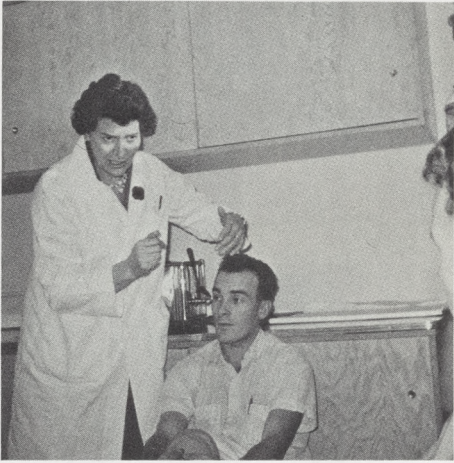
A toboggan party was held on January 13 at the Lockport Slides. Afterwards everyone gathered in the sitting room of the Main Building where refreshments were served.

We held our Valentine's Party on February 21 in which many were in attendance and thoroughly enjoyed by all.

Every Monday evening we have had exciting and rugged volleyball games for all the students which were held at the recreation hall.

We are looking forward to our Centennial Spring Yearbook Tea and future monthly activities.

Oddities



Phrenology is just a theory
Of course the poor boy can't help it!



Of course people won't think it queer
It's the only way to relax.



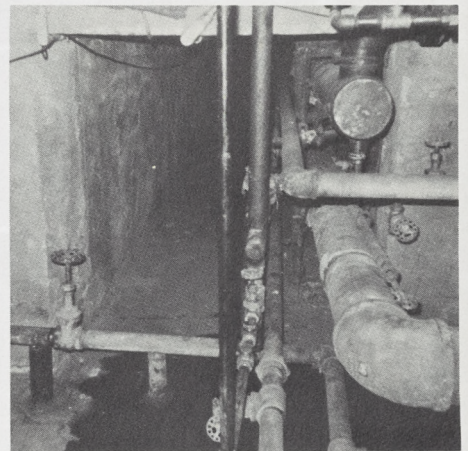
Who says the food isn't good here?



Togetherness with smiles!



The morning after, the night
before the residence is a palace !



The March 4th tunnel of horrors.

Dubious Definitions

IDEAS OF REFERENCE--What you write on a job application.

LOOSE ASSOCIATIONS--Being friendly with call girls.

TIC--Opposite of toc.

ACUTE DEPRESSIONS--Dimple on a pretty girl's knee.

ACTING OUT--Open-air theatre.

MENTAL BLOCK--Neighbourhood occupied only by psychiatrists.

MOOD--What the cow did.

"I want a girl just like the girl who married dear old Dad." (I'm Oedipal.)

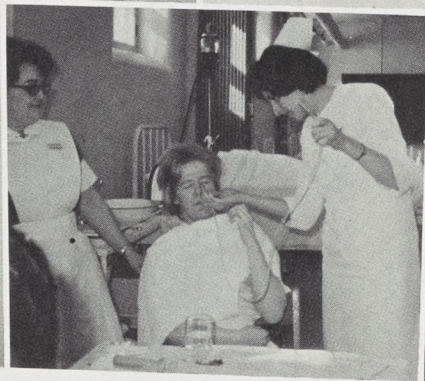
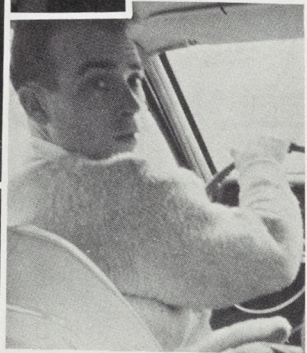
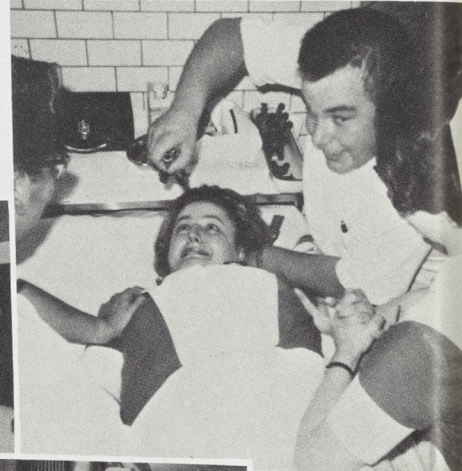
"Bewitched, Bothered and Bewildered." (Paranoid, Distressed and Disoriented.)

"Try a little tenderness." (Empathize.)

"It never entered my mind." (I never ideated it.)

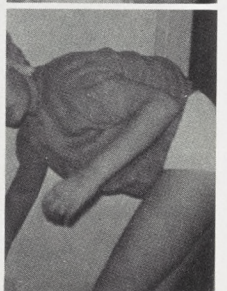
"I got plenty of."Nothin'". (I've rationalized by deficiencies.)

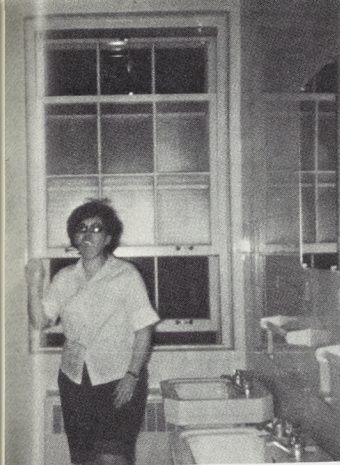
"I don't want to set the world on fire." (I'm an underachiever.)



A NURSES PRAYER

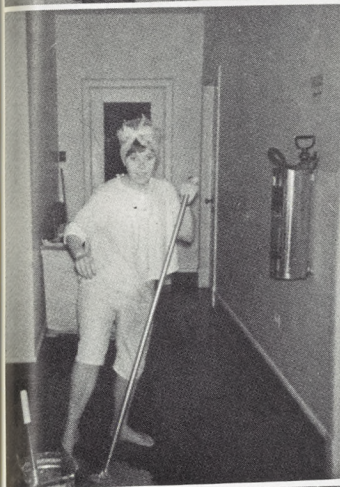
Help me Lord to be a nurse,
In every kind of way.
And help me heal the broken heart,
And soul that's gone astray.
Help me stop just someone's tears,
And help me understand.
Help me to relieve their fears,
And take me by the hand.
Help me be the kind of nurse,
Who doesn't feel too much.
Because I cannot help them,
If all these things I touch.
Help me, give me strength
To bear, the trails of the day.
Let me be encouraging,
And always look for a way.
Help me learn to listen,
And never be too wise.
And keep my thinking open,
To listen for helpless cries.
Help me be, the very best,
The best that I can be.
And let me be, the kind of nurse I
want so much to be.



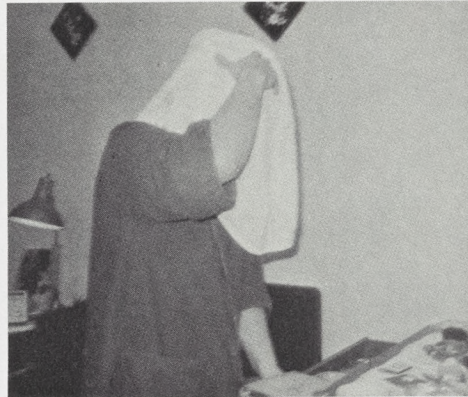


LAMENT OF A PSYCHIATRIC NURSING STUDENT

I never get mad: I get hostile,
I never feel sad; I'm depressed.
If I sew or knit and enjoy it a bit,
I'm not handy - I'm merely obsessed.



I never regret; I feel guilty,
And if I should vacuum the hall,
Wash the woodwork and such, and not
mind it too much,
Am I tidy? Compulsive is all.



If I'm happy, I must be euphoric;
If I go to the Stork Club or Ritz,
And have a good time making puns and
rhyme,
I'm manic or maybe a schiz.

If I think someone was nasty,
I'm paranoid obviously.
And if I take a drink without stopping
to think
It's ALCOHOLICS Anonymous for me.

If I tell you you're right, I'm submissive,
Repressing aggressiveness too.
And when I disagree, I'm defence, you
see
And projecting my symptoms to you.



I'm not lonely - I'm simply dependent.
My dog has no fleas, just a tic.
So if I seem a cad, never mind - just
be glad
I'm not a stinker - I'm sick.





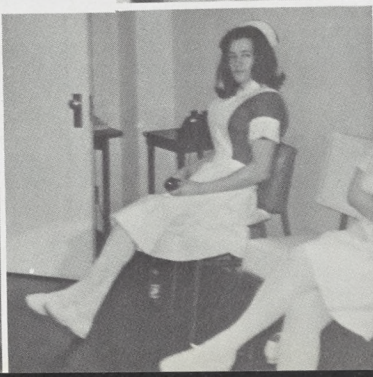
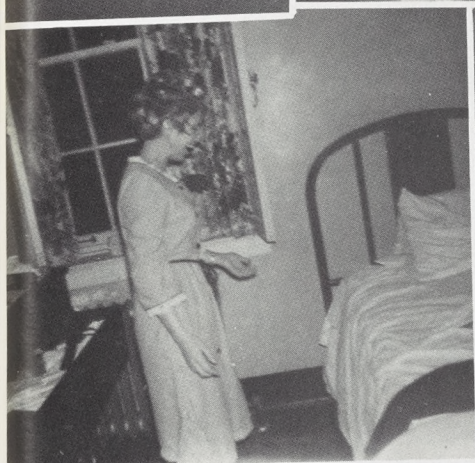
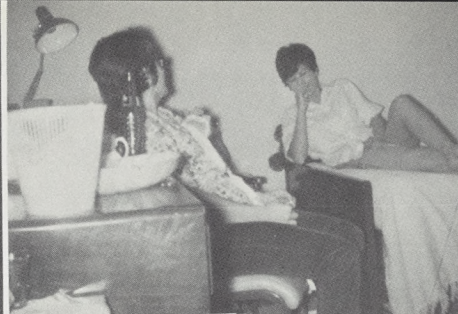
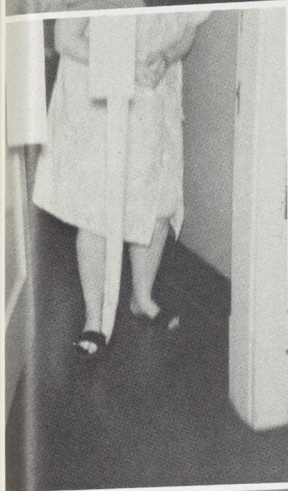
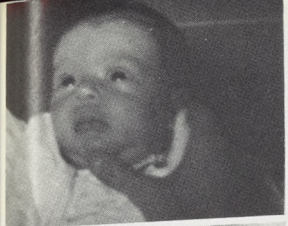
CENTENNIAL YEARBOOK TEA

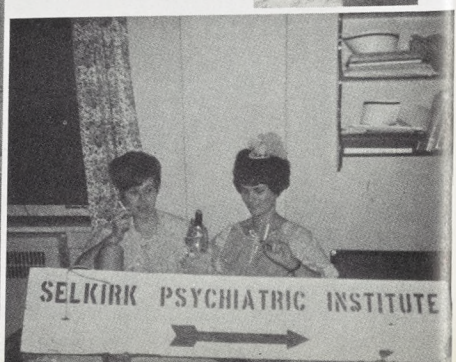
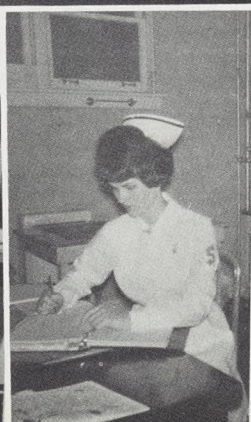
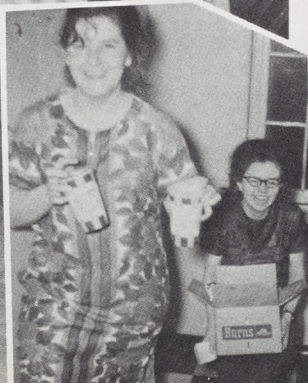
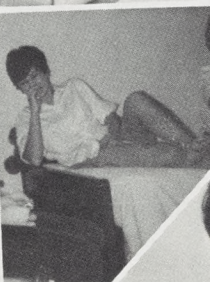
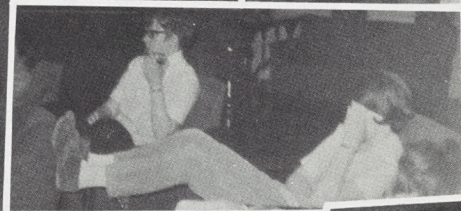
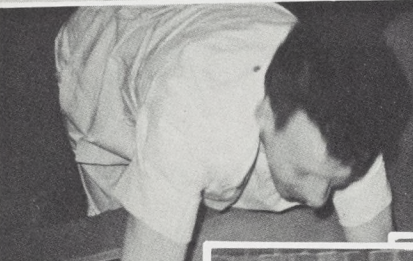
On March 31, 1967 the S. M. H. students presented their annual Yearbook Tea. Being our Centennial Year, we adopted an appropriate mood.

The sitting rooms and classroom were gaily decorated with the Centennial Emblem and maple leaf flags.

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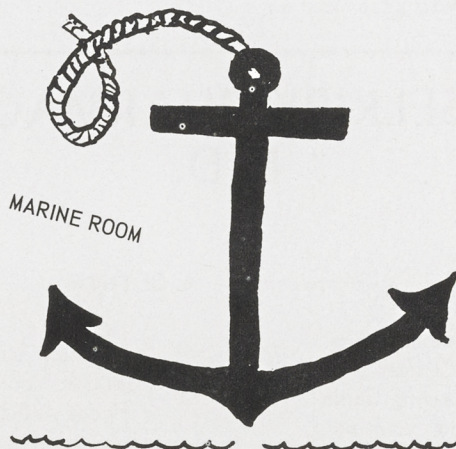
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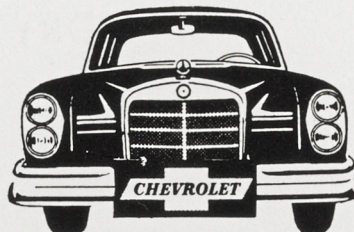
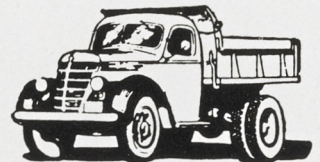


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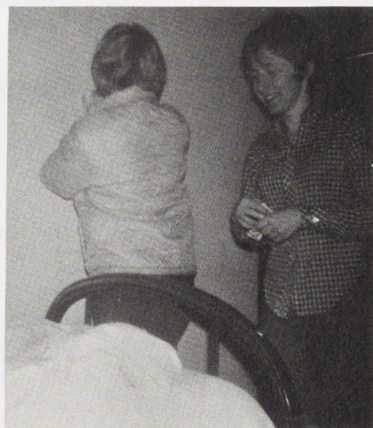
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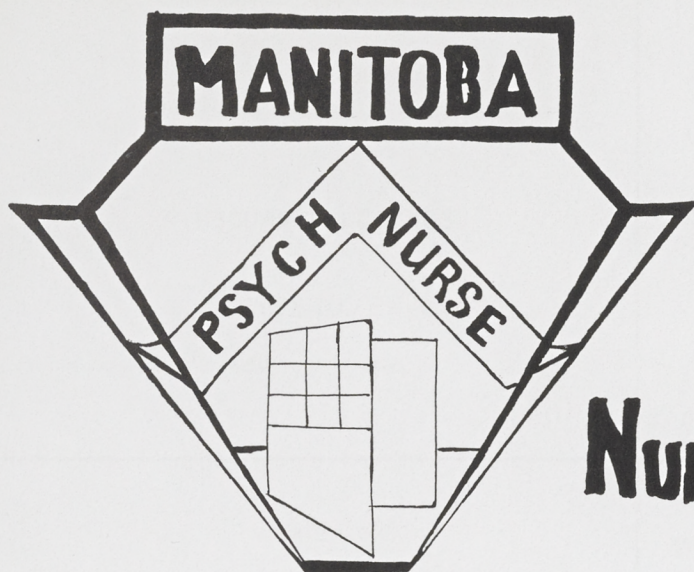
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